

# Psychodrama & TA, a three-day workshop

*Interface of Psychodrama and Transactional Analysis*



Join us in a three days workshop with two psychodrama and TA professionals from different cultural backgrounds.

May 1 till 3 2024 we welcome everyone who is working with people and is interested in deepening their understanding of self and work through Psychodrama and Transactional Analysis.

Coaches, counsellors, therapists, educators and consultants are welcome to join us in this multicultural and multifield workshop. It sure promises to be a divers and rich experience.

By bringing in situations and playing in other peoples stories, mirrors are held before us, projections will be investigated and a connection with the larger world can be likely. Doing this workshop you will be able to:

- Connect with different aspects of self
- Make re-decisions about who and how you wish to be.
- Starting to learn how to work with TA and psychodrama.

**Psychodrama** is an action method that is helping to discover our inner self and the relationship with others and the world. It is founded by J.L. Moreno at the start of the 20th century.

**Transactional Analysis** is a social and humanistic psychology, that will give tools to answer the question: *What does someone like me, do with someone like you, in a world like this.*

**Haseena Abdullah** lives in Manipal, India. She is psychotherapist, psychodrama therapist, author and PTSTA-P



**Beatrijs Dijkman** is from Zwolle, the Netherlands. She is trainer, PTSTA in education, supervisor and psychodrama therapist.



Our event will take place in a fantastic rural location near Brussels, with the opportunity to go outside, with catering and the possibility to book a room.

## Practical Information

When:

Wednesday May 1, 1pm till Friday May 3, 4pm 2024

Where:

Het Verblijf

Rosweg 54 1750 Lennik België

30-minute drive from Brussels airport

Costs:

Early bird € 695\* (until February 25, 2024)

Normal € 825\* (from Feb 25 till April 15, 2024)

Including:

Coffee, tea, water, juices, snacks

Diner on Wednesday

Lunch and dinner on Thursday

Lunch on Friday.

A room is not included but can be additional booked.

Shared room € 60 per night, single room € 120 per night, breakfast included.

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